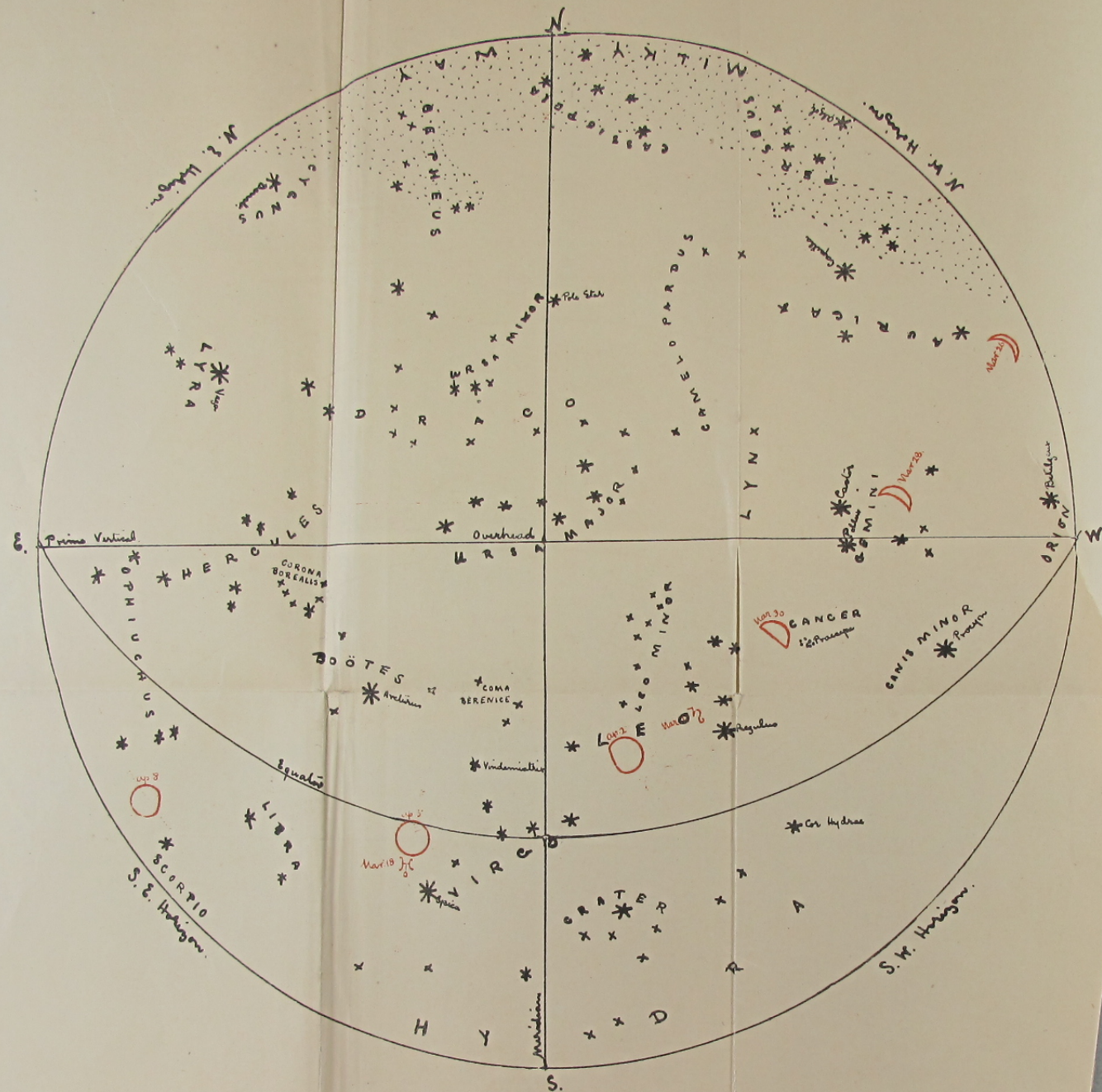


Star Map—March 15th to April 15th, 1890.



The Constellations and so-called Fixed Stars are named in black ink; the former in capital letters, the latter in small ones.  
The Moon and Planets are marked in red ink.  
The Moon is represented by its phases; the Planets by their symbols, thus—Saturn ♄, Uranus ♅

March 1890

THE  
PARENTS' REVIEW:  
A MONTHLY MAGAZINE  
OF HOME-TRAINING AND CULTURE.

Editorial.

"The children walk every day; they are never out less than an hour when the weather is suitable." That is better than nothing; so is this:—An East London schoolmistress notices the pale looks of one of her best girls. "Have you had any dinner, Nellie?" "Ye-es" (with hesitation). "What have you had?" "Mother gave Jessie and me a halfpenny to buy our dinners, and we bought a haporth of aniseed drops—they go further than bread"—with an appeal in her eyes against possible censure for extravagance. Children do not develop at their best upon aniseed drops for dinner, nor upon an hour's "constitutional" daily. Possibly science will bring home to us more and more the fact, that animal life, pent under cover, is supported under artificial conditions, just as is plant life in a glass house. Here is where most Continental nations have the advantage over us; they keep up the habit of out-of-door life; and, as a consequence, the average Frenchman, German, Italian, Bulgarian, is more joyous, more simple, and more hardy than the average Englishman. Climate? Did not Charles II.—and he knew—declare for the climate of England because you could be abroad "more hours in the day and more days in the year" in England than "in any other country"? We lose sight of the fact that we are *not* like that historical personage who "lived upon nothing but victuals and drink." "You can't live upon air!" we say to the invalid who can't eat. No; we cannot live upon air; but, if we must choose among the three

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